Music in Reformed Liturgy

Liturgy of God's Covenant by the Rev. G. Van Rongen presents in a few brief outlines an effective explanation of the proper protocol followed in a reformed public worship service. A reformed order of worship or a biblical liturgy shows, as indicated already by this booklet's title, the relationship and communication between God and his chosen people. The Son of God gathers, defends and preserves this church. As God's treasure and royal nation, the church represents the Divine King on earth, by maintaining and proclaiming the Word of Truth, or by acting as true Ambassadors speaking and echoing His Word.

From the very start, the terms of the covenant demand obedience to His Word. “It is the LORD your God you must follow and him you must revere. Keep his commands and obey him; serve him and hold fast to him” (Deut 13:4). Only then can there be fellowship between God and His people. Gathered together around His Word in public worship, our Almighty Creator and Redeemer continues to be in our midst, Immanuel. “God is spirit, and his worshipers must worship in spirit and in truth.” (John 4:24). There, in church, we may share in all His treasures and gifts. By His Spirit and Word, we can have communion with Him, for by faith we appropriate the gifts of life and service. In meeting with His people, God brings redemption, renewal and joy, by the preaching of the Good News. “Repent and believe the good news” (Mark 1:15).

God's people respond to that ministry of the Word by bringing sacrifices. Today we sacrifice by offering prayers, monetary tokens and songs of praise. Our prescribed sacrifices are “the fruit of lips, that confess his name” in all of life (Heb 13:15). In Hosea 14:1,2, we already read, “Return, O Israel, .... Take words with you and return to the LORD. Say to him: 'Forgive all our sins and receive us graciously, that we may offer the fruit of our lips' ”.

It always was and still is a matter of life or death, blessings or curses, mercy or wrath (Gen 3:16,17). Israel had been shown this reality already at Gilgal (Deut 30:11-18). But Israel rejected the preaching of that word. Mankind is naturally inclined to follow human wisdom, to decide for themselves how to worship or how to please God. While strictly keeping the law, Israel did not give their hearts. Heartless worship has consequences, for Israel was rejected, the Christian church required reformation and the Reformed churches still continue to struggle with self-willed religion in one form or another.

The origin and the effects of words resounded first of all in what God accomplished. We learn from Psalm 19, that creation speaks by day and night in a language, that can be understood by anyone on earth. His commands lighten man's eyes and the keeping of those laws is rewarding. Words were given to man and to no other creature. Mankind's purpose is to return to God what God gave him. As a trustful child, man returns or echoes the words given to him by repeating them. However, faithful, truthful and proper word-use involves not only the brain or the intellect, but also the heart, the emotions. Without the beating heart, pure intellectual descriptions are insufficient to arouse understanding or 'in-depth' comprehension.

Rhythm or context enlivens the word. For example, the term 'fire' refers to flames, but with emotion or rhythm in the context of a crowded hall, it results in panic. Words need feeling and rhythm to effectively form or convey thoughts or images. Words with rhythm become poems.
Rhythmic formulas possess almost magical value as in proverbs, curses or blessings. The predominance of words in civilized societies, however, has dulled the expression of the heart. A natural expression of the heart might find form in exalted, rhythmic words and also in dance, a reaction that is lost in today's society.

“As the ark of the LORD was entering the City of David, ... King David (was with a happy heart) leaping and dancing before the LORD”(2 Sam.6:16).

When rhythmic words reach a higher tone level, a poem turns into a musical song. For example, Paul reaches a high point, a climax in his dissertation in the letter to the Romans. He rhythmically exclaims and in an exalted tone he sings, as it were, “Oh, the depth of the riches of the wisdom and the knowledge of God … etc.” (Rom 11:33-36). Basically, this melodic or exalted, rhythmic speech is music, because tone is added to rhythmic words. Therefore, music or Bible songs are man's faithful reaction to God.

“May the words of my mouth and the meditation of my heart be pleasing in your sight, O LORD, my Rock and my Redeemer”(Psalm 19:14).

Musical Instruments in Liturgy

The musical instrument God gave to all mankind is the human voice. Believers respond to God by resounding His praise, by professing their faith in repeating His words. Calvin identified congregational singing as offering public prayers in one voice and in response to God's Word administration. Singing Psalms, he said, is conversing with God, and such talk or communication promotes humble and realistic self-examination. A song of praise and thanksgiving, David said, “will please the LORD more than an ox, more than a bull with its horns and hoofs” (Psalm 69:31). Professor S. Greydanus explained that the singing of Psalms are the orderly reaction of God's people, offering songs that are born by the Spirit, welling up from the heart, and responding to the redemptive acts of God.

Derailed mankind, ungodly people and servants of Satan, may also produce music from the heart. However, they tend to glorify themselves and their own misery. They often express their sensual, sentimental and self-serving music that expresses their personal anger, doubt or hopelessness. Their art also gives pleasure to them. Plato and Augustine used the art of music in their educational systems, for being engaged in music is enriching and always beneficial in getting into tune with oneself.

Augustine said that a good song is twice a prayer. Luther explained that a song can chase away the devil and that music can make us happy, so that we forget anger, revenge and pride. David soothed Saul with a song, and prophets were influenced by the sound of music. The poet of Psalm 49 addresses all mankind and his prophetic ecstasy is heightened by music (vs 4). When a man played the strings, the hand of the Lord was on Elisha (2 Kings 3:15,16) and temple musicians inspired Jehoshaphat's army. With their songs of praise, the LORD delivered Judah according to His Word (2 Chron 20). Christians dying at the stake in the 15th and 16th centuries, sang Psalms which filled others with fear.

In a Reformed worship service, the proclamation of God's Word is central. In response to that message of salvation, we cannot but praise Him. Calvin explains that the function of our singing
in the worship service is to make the preached salvation our own in our heart and memory. Songs are like photographs that help us remember. We can take them home and share them with others. Calvin's church reform included not only a return to the pure preaching of the truth, but also a return to the congregational responses. The ancient practice of singing in church was in use already among the apostles. Calvin inferred this from Paul's words:

“I will sing with my spirit but I will also sing with my mind” (1 Cor 14:15).

Augustine testified that singing in church became a custom in Milan under Ambrose and from there it spread to the West. Calvin not only explains that the Apostle Paul teaches us to sing with voice and heart, but that he also showed that congregational singing can mutually edify each other. Paul speaks to the Colossians,

“Let the word of Christ dwell in you richly as you teach and admonish one another with all wisdom and as you sing ... with gratitude in your hearts” (Col 3:16).

Calvin warns, however, that we should be “very careful that our ears be not more attentive to the melody than our minds to the spiritual meaning of the words”. Apparently, Athanasius had ordered the singing 'presentor' to use so little inflection of the voice that he sounded more like a speaker, but Augustine was inclined to the opposite. Calvin reminds us that,

“songs composed only for sweetness and delight of the ear are unbecoming to the majesty of the church and cannot but displease God in the highest degree” (Inst. Bk. III, ch.20:31-33).

It can, therefore, be concluded that music in church, in a reformed worship service, consists of the collective sounds made by the use of the God-given musical instrument, the human voice box. God is pleased with our heart-felt offering, the fruit of lips (Hebr 13:15). Congregational singing of divinely inspired songs of Scripture, is our prescribed liturgy. Calvin says,

“with the same mouth, we glorify God together, worshiping him with one spirit and the same faith. And we do so openly, that all men mutually, each from his brother, may receive the confession of faith and be invited and prompted by his example”.

Such is the music in reformed liturgy, that is, congregational singing from the heart.

The Christian Public Worship Service

The Book of Psalms shows the prescribed response to the proclamation of the Word of God. Although psalms can be called man's reaction to the Word, the Book of Psalms, as well as songs and psalms elsewhere in the Bible, are not just expressions of pious souls. They are God's revelation, also in today's versified form to fit western melodies, for they return to Him what He revealed to his people. Therefore, songs in the Bible are the divinely inspired words of God. The theme of Israel's songs of praise is always 'thus speaks the LORD'. This is clear, for example, from the Song of Simeon who takes Isaiah's words on his lips (Hymn 22). Much of the Song of Moses (H 12) re-appears in the psalms. Each of the five books of Psalms ends with praise to the LORD, the God of Israel (see Psalms 41, 72, 89, 106, 150). The Book of Psalms speaks of God's
great deeds in creation and in history revealed in the five books of Moses. It is, therefore, a continuation of God's self-revelation in Holy Scripture.

In these prescribed responses, more is revealed than in the five books of Moses. For example, Psalms 105 and 106 show other perspectives of Israel's exodus and also that the LORD rules all nations. Songs like Psalms 8, 19, 33, 104 etc. throw a new light on the subject of our natural environment, creation. Psalm 119 presents 22 variations on the theme of 'love and thanksgiving' revealed in the laws of Moses. Many songs speak of enemies, persecution and tears. They urgently call upon the LORD in faith, but not from a feeling of hopelessness. “Seek the LORD while he may be found, call on him while he is near” (Isa 55:6; cf. Zech 13:9). “Call upon me in the day of trouble” (Ps 50:15; cf. Jer 29:10-14). Also Christ, the promised Messiah, is disclosed in the Psalms (2, 18, 20, 21, 22, 45, 72, 89, 101, 110, 144). Moreover Christ is revealed in “I love the LORD” (116) or in “I delight in your decrees” (119), for only Christ can truly do so. Psalms cover an endless variety of subjects, situations and circumstances. Psalms touch any area and every aspect of the believer's soul. They are suitable for the individual in loneliness as well as for the congregation in worship. They are for birthdays or funerals, days of mourning or joy, days of darkness or liberation. In the divinely inspired songs, God and man are again engaged in fellowship, and so, once again, real 'life' becomes evident.

The voice-box is the God-given tool to form speech and the instrument 'par excellence' to make music. Human inventions of musical instruments all attempt to imitate the human voice. Their increase in number over time, has gone hand in hand with the development of written music itself. Instrumental music may be comforting and entertaining, but it is not a requirement in reformed liturgy for public worship services.

Public worship and exercising the fellowship relationship and communication between God and His people, does not require instrumental music. Honouring and glorifying God with the sacrifices of our 'fruit of lips', needs no man-made instruments either. The only possible purpose or use of instrumental music in liturgy is to serve the singing congregation. Tone and melody can enrich the poems or the 'exalted rhythmic speech' from the heart. The melodies bring order to mass expressions which can just the same benefit from instrumental accompaniment, guidance and support of harmonizing lines. Over time such instrumental music has also helped to fill-in silent or awkward pauses between activities during a worship service, such as a return to the seats after the administration of the sacraments or during the collection of the offerings. Such instrumental music, therefore, mainly covers unwanted noise. Again, instrumental music is not demanded in liturgy for a Reformed worship service, nor is it needed to entertain the worshipers as is the case in other denominations.

Calvin secured the assistance of competent musicians to compose melodies for the versification of Bible songs. Marot and Beza provided rhymed versions of the Hebrew text, while Louis Bourgeois and Maitre Pierre composed proper melodies that characterized each song as a whole. The songs relax, comfort and quiet the believers. The melodies are within a comfortable range of any human voice. Their rhythms vary, but are close to the rhythm of a human heart and often slower. The music, therefore, helps to impart peace to the soul. The rhythm will not promote head-bobbing, hand-clapping or foot-stomping. These 'Genevan' tunes incorporate styles, themes and building blocks from the days of Moses, the Davidian temple service, the Jewish synagogue and the early christian church. Calvin said “time and again, that our singing in church was not to
be 'light and frivolous', but 'worthy and majestic"'. (Fulfil Your Ministry, Dr. K. Deddens Premier Publ. p.105).

These tunes, therefore, are simple but not simplistic, unique but not difficult, characteristic but not odd, easy to learn but not repetitive, uplifting but not frenzied, comforting but not boring, exuberant but not frantic, consoling but not intoxicating, edifying but not hysterical, dignified but not haughty, majestic but not pompous, mood reflective but not sentimental, rhythmic but not metric, varied but not strange, elevating but not frivolous. The melodies reflect the character and the free-flowing rhythm of the Hebrew psalms. Their styles are not restricted to any age, but still linked to the early christian churches and likely even to the music used in the synagogues.

Response in a Public Worship Service

So, the music required in a public worship service is the congregational singing. The question is now, which other instrument can be most suitable to assist in that response to God's Word proclamation. To effectively carry the singing of a large group, calls for an orchestra of strings and wind instruments. Harmonization of the melody line with a clear, solid and heavy base-line to direct the pulse, might therefore require the involvement of more than a dozen individuals. Having only one person, however, produce such a volume of music, is possible when a pipe-organ or the like is employed. History has proven this to be the case. Other instruments may be in use in denominations that use choirs and instrumental music to entertain instead of to encourage, promote and enable the full participation of every one. As an introduction, an organist might best play a few of the beginning tones of the melody with a closing cadence or the last line. This is much better than just dropping in close to the end of a song and playing the last line. After all, the purpose of a short prelude is to identify the tune, the tempo and the pitch as well as assist in an orderly start. A short postlude provides a proper musical ending,

Music played during the collection should not be several preludes strung together, for a prelude is to prepare for the start of a song, which in this case would be repeatedly postponed. It is probably more proper to play a 'partita', a variation or some unrelated, absolute music like a little fugue or toccata. After all, the offertory is a distinct component in the liturgy (Heidelberg Catechism L.D.38) and not tied to any song. (My Organ Offertories, 1990, Inheritance Publications presents 30 short pieces in a variety of modes and keys used in the Book of Praise.

The music played before and after the worship service should at least be in concert with the liturgy. For myself, I have come to believe that people entering the church building should be met with artful organ music, that is befitting the sacred worship that follows. So, a selection of music for about twenty minutes is recommended. Such music prepares for worship and can have a relaxing effect, for it might help to turn the minds away from being concerned about material things, negative feelings, worries or pride. Therefore, it should not be just some meaningless background noise. Neither is it edifying, when such music consists of endlessly playing around and taking stabs at one or another melody in an arbitrary and whimsical way. As a rule, such non-intellectual filler-music soon turns into muzak or just noise with no effect on the hearers. By the way, it also 'identifies' the player, because a peculiar sequence of chords always becomes readily apparent.
Sending the congregation home after the service with musical reminders of the last song, which the minister had purposely chosen, is deemed most appropriate. Hearing another song seems just improper and not edifying. Is the musician serving or presenting his own message or 'application'? If a variation of the closing song is not available, almost any other unrelated music, written by a Baroque style composer, will at least not suggest a message that differs from the final song.

In brief, the music in a reformed liturgy is at its best when everyone participates in singing from the heart the versification of divinely inspired songs in the Bible on comparable and fitting melodies (Genevan Tunes and e.g. H. 4, 17, 18, 24, 26, 29, 30, 42, 51, 63, 68, 69, 83, 85). The one instrument capable of serving that mass singing has proven to be a pipe-organ. The proper harmonization of these melodies brings out the dignified pulse of congregational singing. This is exemplified in a baseline with mostly long notes (see e.g. Psalmen by George Stam).

Let it always be our aim to glorify the Name of our Creator and Redeemer in public worship services and in obedience to what He requires in His Word. He provided the Christian church with divinely inspired songs throughout the Bible. May congregational singing from the heart, as our sacrifices and 'fruit of our lips', praise His Holy Name and enrich us and our services to Him.

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